# Beginning Strings - Keep it Simple Denese Odegaard Fargo Public Schools, Fargo ND denese@cableone.net

### I. Layering - the first few weeks

- A. Recruiting
- B. Parent involvement Parent Night and Rental Night
- C. Instrument safety unpacking, tuners, bow hair etc.
- D. First lessons get them playing and reading music right away
  - holding instrument
  - open strings and fingering by rote at first (rote warm-ups on teacher CD)
  - pizzicato (Lesson 1)
  - first fingered notes F#ED (Lesson 1)
  - solfege
  - intervals
  - stay on three notes while bow hold is introduced
  - establish good tone bowing on open strings and then go back and play previously learned songs in book
  - all instruments play F#ED on the D string until A is introduced along with the concept of string crossing because of the bass strings D and G
  - new note G follows A
  - establishing practice habits

# II. Introduction of new concepts

- rhythms are introduced in this sequence:  $\downarrow \downarrow$  quarter rest  $\downarrow \downarrow$ .
- when a new note and interval are introduced, a series of practice measures are learned before using the new note in songs
- interval progression is unison,  $2^{nd}$ ,  $3^{rd}$ , Perfect  $5^{th}$  (because of string crossing in the bass to A), Perfect  $4^{th}$ ,  $6^{th}$ , octave and  $7^{th}$  and respective solfege syllables
- time signatures start with 2/4, and then 3/4 and 4/4 (C for common time used as well)
- bowing styles: pizzicato, staccato, and lift

- students learn how phrases create the form of the music by marking letters of phrases in the boxes provided (ABA1B1)
- ensembles: ostinato, round, tonic and dominant accompaniment
- dynamics used are forte and piano
- keys signatures and scales used are D major, G major and C major
- bass players shift to III, II and II  $\frac{1}{2}$  positions and always play the melody as written (not dropping an octave for certain notes)
- violin and viola learn 4<sup>th</sup> finger notes
- students learn about Mozart, Vivaldi, Beethoven, and Dvorak and play their music
- introduction of 1<sup>st</sup> and 2<sup>nd</sup> endings and repeat signs

#### III. Practice steps example (Lesson 3)

- 1. Say the note names: F#, E, and D.
- 2. Name the interval and say if it goes up or down.
- 3. Sing mi, re, do.
- 4. Sing the words to the songs.
- 5. Clap and count aloud. Did you find the quarter rests in Hot Cross Buns?
- 6. Remember to say the beat number during the rest.
- 7. Play each note pizzicato.

## III. Blending standards into the first year

- A. Sing lyrics (Standard 1) most songs have words to be sung.
- B. Sing in solfege (Standard 1) part of practice is singing songs in solfege.
- C. Play individually or in a group (Standard 2) check students' posture, note reading accuracy and intonation frequently by having a solo day or listening to one line of a song.
- D. Improvise (Standard 3) students are asked to improvise using the notes and rhythms they are currently studying.
- E. Compose (Standard 4) students first practice copying a song and then create their own songs using the notes and rhythms they are currently studying.

- F. Read music (Standard 5) have students say note names or clap and count one line of a song periodically to check for understanding.
- G. Listen (Standard 6) record individual student performance and have the student tell you what needs to improve and how to make those changes.
- H. Evaluate (Standard 7) play recordings of composers and styles studied and have students discuss the musical concepts they heard as a group or have students evaluate their own individual performance.
- Music and other disciplines (Standard 8) music relates to math (rhythm), language (musical terms), science (sound production), and history (musical eras and composers).
- J. Music, history and culture (Standard 9) music is played from a variety of musical cultures and musical eras.

#### IV. Assessment the first year -

- A. What do you assess? Rubrics provided on teacher CD.
- B. When do you assess?
- C. Types of assessments
- D. Self-assessment
- E. Recording assessment
- F. Reporting assessment
- G. "Chunking" standards

# V. Record keeping - traveling teacher or not

- A. Attendance
- B. Lesson plans standards based lesson plans on CD in teacher's manual
- C. Sub preparation for several schools

## VI. Retention to the next year

- A. Cross-over concerts
- B. Other ideas share